

# HEART OF THE TOWN CATALOGUE

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*"I fear not the man who has practiced 10,000  
kicks once, but I fear the man who has practiced  
one kick 10,000 times."*

**Bruce Lee**



DRUŠTVO SA OGRANIČENOM ODGOVORNOŠĆU  
**"SPORTSKO-REKREATIVNI CENTAR" BAF**

# MONTENEGRO

The beauty of contrast





# Montenegro

## The beauty of contrast

The most common and most accurate description of Montenegro is that it is a small country of magnificent contrasts. It is located in the western part of the Balkan Peninsula, nestled between impressive mountain peaks, turquoise shades of the Adriatic Sea and the richness of flora and fauna on Skadar Lake. It borders with Albania, Bosnia and Herzegovina, Croatia, Serbia, and Italy across the sea. It is the country with the deepest river canyon in Europe and the second deepest in the world. It is also the home of one of only three remaining European rainforests. Certain areas are under UNESCO protection. There is a 12 km long sandy beach in the south. Its sand is believed to have healing effects, and every year it is a gathering place for kite surfers from all over the world.

The abundance of water surfaces and surrounding mountain peaks make the climate in Montenegro mild Mediterranean in

the south and continental in the north. This kind of relief affects the quality air full of negatively charged ions which makes staying in it healthy and pleasant.

The incredible richness of natural beauty is also accompanied by the authenticity of towns. This is a tourist destination for those who need peace and quiet, as well as for those with an adventurous and sporty spirit. Let's not forget that some well-known names from the world of sports have been formed here, such as: Dejan Savićević (football), Predrag Mijatović (football), Nikola Peković (basketball), Mirko Vučinić (football), Nikola Vučević (basketball), Stevan Jovetić (football), Bojana Popović (handball), Predrag Radošević (boxing), Aleksandar Ivović (water polo), Veselin Vujović (handball) etc.



## Bar

Best sports city on the coast

In Montenegro, there has long been a saying: "Nema Bara do Cara!" - loosely translated - Bar is the crown jewel of the Empire. It alludes to the value of its position, pleasant climate and sublime life in it. The town of Bar is located in the southeastern part of Montenegro. It stretches along two coasts - the Adriatic and Skadar. The Adriatic coast that it covers is 46 km long, of which the beaches are 9 km, while the length of 65 km covers the shore of Skadar Lake. It is also surrounded by nume-

rous mountains, the highest of which is Rumija. It is characterized by exceptionally developed infrastructure, comfort and passability. It is connected with the mainland and the region by railway, and with Italy and through it with the rest of Europe by ferries departing from the Port of Bar. Also, there are four airports in its immediate vicinity - the airports in Podgorica, Tivat, Dubrovnik and Tirana.



# Climate

## Ideally warm

It is safe to say that there is almost never a real winter in Bar. Thanks to its geographical position and Mediterranean climate, summers are long and dry with mild and rainy winters. With 270 sunny days a year, this town is one of the sunniest towns in Southern Europe. The average temperature

in winter months is around 12°C and around 26°C in summer. Unbelievably beautiful landscapes, crystal clear water and healthy air make this town one of the favourite tourist destinations.

# HOTEL AND ACCOMMODATION CAPACITIES

Comfort  
and  
dedication





## Hotel and accommodation capacities

Comfort and dedication

In its tourist offer Bar has around 30,000 accommodation units both in hotels and tourist resorts, as well as in private accommodation.

There are several hotels with 3 and 4 stars in the town, whose total capacity meets the highest sports de-

stination criteria, offering comfort, richness of content and professional and friendly staff.

**30,000  
accommodation  
units**

# BAR SPORTS AND RECREATION CENTRE

Heart of the Town





# Bar Sports and Recreation Centre

Heart of the Town

Bar Sports and Recreation Centre was founded in 1986, and today has a newly built *Topolica* Sports Hall and sports fields on Madžarica. Located in the very heart of the town, these facilities are located next to the Bar

– Ulcinj main road, not far from the Port of Bar, two marinas, train and bus stations and hotels that meet all the needs of both athletes and the management of sports clubs and associations.

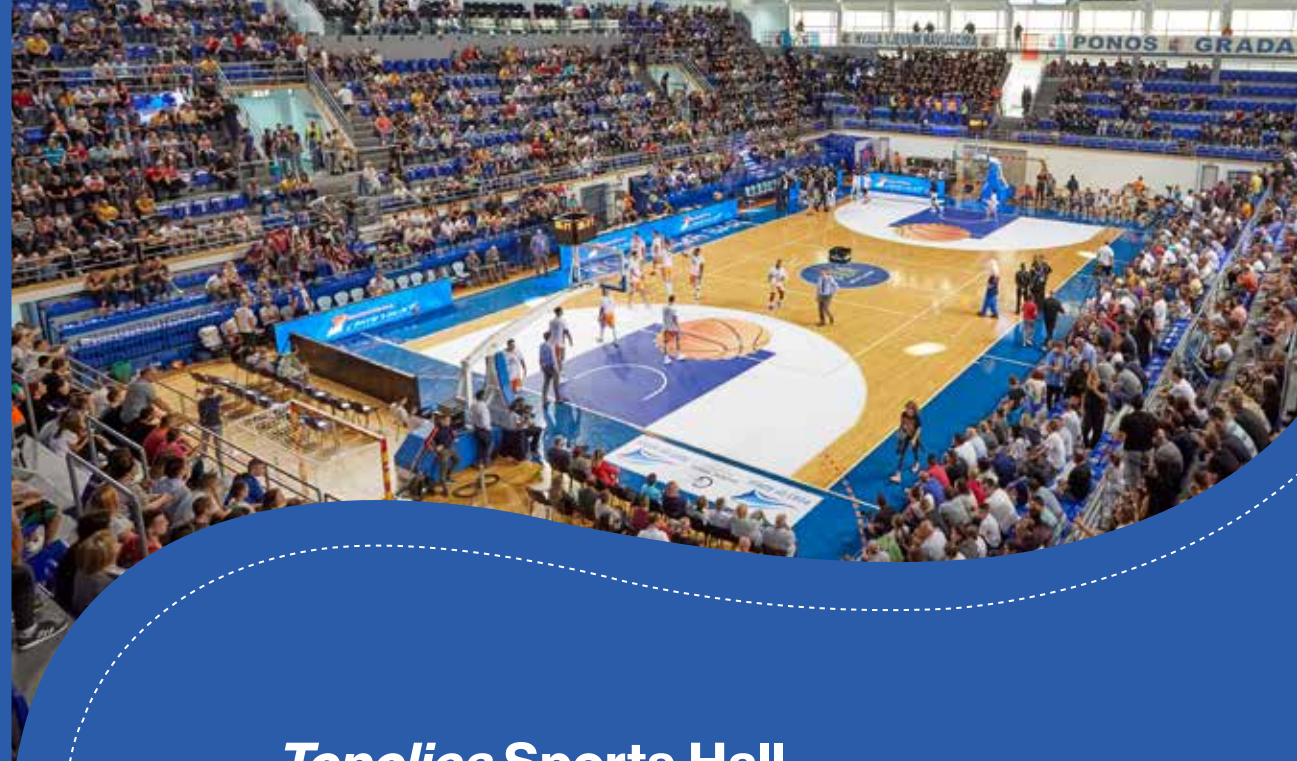
Today, it is widely known that quality preparations are the basis of any good result. Bar Sports and Recreation Centre, with its excellent offer of fields and halls, as well as the ability to meet all the needs and desires of its clients, represents the perfect place for sports preparations, camps, workshops, recreation, competitions, vacations and events for professionals as well as for veterans, recreationists, amateurs and children.

## Sports fields on Madžarica

The outdoor fields are located right next to a 4-star hotel, just a few hundred metres from the town centre. They cover a land area of 102,188 m<sup>2</sup>. Within the complex there is a restaurant with a terrace overlooking the football and athletics stadium, offices, while there are locker rooms and storage space in the basement. On its north side there is a parking lot with 200 parking spaces.

They cover a  
land area of  
102,188 m<sup>2</sup>

Parking lot with  
capacity of  
200 spaces



## Topolica Sports Hall

On the ground floor of this two-storey hall there is a field suitable for basketball, handball, volleyball and other indoor sports. It covers the area of 1,290 m<sup>2</sup>, with the capacity for 2,625 spectators. In addition to the playground, the hall also has a space intended for recreational table tennis, a gym of 490 m<sup>2</sup>, six locker rooms, a locker room for judges, a press centre equipped with a complete projection and audio system, a conference room with a capacity of about 50 seats and a VIP lounge.

The hall is surrounded by a pedestrian platform with landscaped green areas, as well as a parking lot with 700 spaces. A parking lot for buses, police cars and ambulances has also been provided. It also has technical accessibility standards that ensure the unimpeded movement of children, the elderly, the people with reduced mobility and the people with disabilities, like every modern facility intended for holding various events.



**The Sports and Recreation Centre complex offers:**

The football and athletics stadium of 19,2019 m<sup>2</sup> has the capacity of up to 2,000 spectators and Flood lights.

The grass is natural at the football stadium with dimensions of 105 m x 66 m.

**Area of  
19.2019m<sup>2</sup>**

**Capacity of  
up to 2,000  
spectators**

**Stadium  
dimensions of  
105 m x 66 m**



A football field with artificial grass is located next to the football stadium. Its dimensions are 105 m x 66 m, while it covers the area of 9,360 m<sup>2</sup>. It is surrounded by the stands which can accommodate up to 1000 spectators.

**Area of  
9.360m<sup>2</sup>**

**Capacity of  
up to 1,000  
spectators**

**Stadium  
dimensions  
105m x 66m**

**Auxiliary stadium  
dimensions 90m x 50m**



Tennis courts make a complex of 6 courts, 5 clay and 1 concrete.

**5**  
**clay tennis**  
**courts**

**1**  
**concrete**  
**tennis court**



A field with artificial grass for the mini football school is set up right next to the tennis courts.

**BAR SPORTS AND RECREATION CENTRE** has been participating in the domestic, regional and world sports life for more than thirty years, directly or indirectly. During that time we had the honour to host some of the most famous professionals:

1. **Anita Marton**, one of the best javelin throwers, from Hungary;
2. **Asmir Kolašinac**, European champion in shot put;
3. **Hamza Alić**, winner of medals at the European Indoor Championships – Men's shot put;
4. **Sandra Perković**, winner of the Olympic gold medal, from Croatia;
5. **Dragutin Topić**, European champion in high jump;
6. **Nikola Vučević**, basketball ace, currently playing for Orlando Magic;
7. **Saša Pavlović**, basketball player;
8. **Tanja Bokan**, volleyball player;
9. **Majda Mehemedović**, handball player.

Also, an additional effort has always been made to justify the trust of numerous teams that have decided to make their preparations in Bar:

- Football camp organized by FK Partizan from Belgrade.
- FK Sinđelić Seniors from Belgrade made preparations on the field with artificial grass.
- The younger categories of AK Crvena Zvezda from Belgrade held preparations on the athletics track.
- Montenegro pioneer national team.
- FK Fap from Priboj, Serbia.
- Basketball team from China.
- OSCG pioneers of the Montenegro national team.
- RSCG Montenegro women's senior national team.
- Belarus national handball team.
- RSCG Montenegro women's junior national team.
- KK Runa from Moscow - Russia.
- AK Krka Novo Mesto from Slovenia.
- FC Sloboda from Užice - junior selection.
- KSCG, Montenegro men's junior national team.
- Poland national basketball team.
- Czech Republic national basketball team.
- Bosnia and Herzegovina national basketball team.
- OSCG Montenegro men's and women's senior national teams – qualifications for the 2019 European Championship.
- ŽFK Crvena Zvezda from Belgrade.
- AK Krka Novo Mesto – Slovenia.
- FK Sinđelić from Belgrade, junior selections.
- FC Rodange from Luxembourg, senior team.
- AK Krka Novo Mesto – Slovenia, held 10 trainings on the athletics track.
- National athletics team of Hungary.
- National athletics team of Serbia.
- National athletics team of Albania.
- National athletics team of Ukraine.
- Football camp organized by FK Partizan from Belgrade.
- FSCG held a Camp for girls born in 2001 and 2002.

## Organising events to remember

Our capacities are also ideal for organizing:

### • MUSIC EVENTS

The Sports and Recreation Centre has the *Topolica* sports hall at its disposal, which has lighting with multifunctional effects of an entertaining character, a sound system intended for competitions and ventilation. Bar Sports and Recreation Centre is ready to host about 3,000 spectators in the stands and fences, and there is an additional 1,290 m<sup>2</sup> at the base of the field.

The advantage for hosting music events is that the hall has a parking lot for 700 cars, 10 buses, ambulances, fire trucks, as well as a parking lot and access for the people with disabilities.

### • CORPORATE CELEBRATIONS

The VIP lounge of the Sports and Recreation Centre is a space arranged for the reception of delegations, club and corporate celebrations and receptions. The area of the VIP lounge is 103 m<sup>2</sup> and has a capacity of 50 seats and 100 seats in a cocktail version.

The hall also has a press centre equipped with a complete projection and audio system with a capacity of about 50 seats, as well as a conference room with a capacity of about 20 seats.

We also have a great experience in organizing various events, and we are ready to respond to all future tasks:

- 2019 Games of the Small States of Europe;
- *Bar Trophy* International Karate Tournament
- International and national dog shows of all breeds;
- World Medical and Health Games;
- *Basket4kids* basketball tournament;
- European Futsal Championship for Catholic priests;
- MFC Fighting Spectacle;
- *Bar Open* Mediterranean Dance Festival;
- School sports games;
- Bar 2019 Diaspora Days;
- Children's costume party organized by the Bar Sports and Recreation Centre, which has been held for 5 years in a row;
- BAR – *City of Champions*;
- *Paralympic Day*;
- *How Well Do I Know My Town* Quiz, as part of the celebration of the Municipality Day of Bar;

## And for the end...

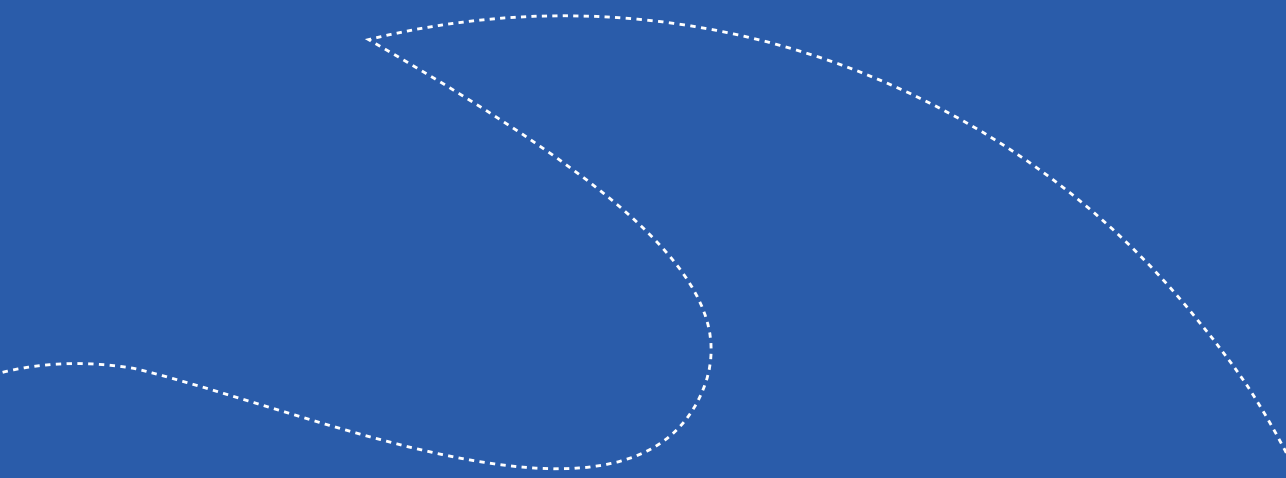
Bar Sports and Recreation Centre will not only provide you with excellent conditions for the sports preparation and results that you will achieve, but also comfort and quality that is rare to find.

After a hard workout where you gave your best, imagine yourself just crossing the street and diving into the sea. Is there a better way for an athlete to relax and end a day?

**WE ARE READY, ARE YOU?**

**.srce**  
**igre** SRC  
Bar

 DRUŠTVO SA OGRANIČENOM ODGOVORNOSTI  
"SPORTSKO-REKREATIVNI CENTAR" BAR



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